



PR Newswire

GLUTEN & ALLERGEN-FREE MEAL CHOICES FOR EATING AWAY FROM HOME WITH IPHONE™ / IPOD® TOUCH APPS

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Safely Eat On-The-Go Anywhere With Celiac / Coeliac & Food Allergies!

CHICAGO (October 14, 2009) – Anyone managing celiac / coeliac, food allergies and intolerances can now eat out safely armed with two NEW iPhone™ and iPod® touch applications: *iCanEat OnTheGo™* and *iEatOut Gluten & Allergen Free™*.

These innovative apps offer you peace of mind with meal choices dynamically configured to common food allergens transforming eating out away from home into safe and positive experiences. You can discreetly and easily browse thousands of menu items to find what is safe to eat anywhere—all at your fingertips!

For fast food meals, *iCanEat OnTheGo™* easily pinpoints what menu items you can eat while hiding those which contain your personal allergens, from 15 US Chains: Arby's, Boston Market, Burger King, Chick-fil-A, Dairy Queen, Domino's, Dunkin' Donuts, KFC, McDonald's, Pizza Hut, Qdoba, Sonic, Subway, Taco Bell & Wendy's.

When dining in restaurants, *iEatOut Gluten & Allergen Free™* and its free sampler, *iEatOut LITE™*, allow you to browse detailed traditional menu items from various types of cuisines including French, Indian, Italian and Steak & Seafood. You also learn about food preparation techniques, ingredients and cross-contamination concerns along with critical questions to ask personnel for safe meals.

“Rather than sifting through hundreds of web pages to determine possible menu choices, individuals save significant time and energy by letting *iCanEat OnTheGo™* do the work for you,” states Kim Koeller, President of AllergyFree Passport®. “It is also the perfect companion to the *iEatOut™* applications which empower you with knowledge about cuisines and culinary techniques for safe restaurant dining.”

Developed by AllergyFree Passport® and GlutenFree Passport®, internationally acclaimed education firms, the applications represent a collaborative team effort and usability testing with international business/technology consultants, restaurant industry professionals and individuals impacted by celiac / coeliac and food allergies.

As part of the 7-time award winning book series, *Let's Eat Out with Celiac / Coeliac & Food Allergies!*, these solutions are recognized by newspapers, magazines, radio and TV programs around the world.

Available through Apple's iTunes App Stores, the new applications, *iCanEat OnTheGo™*, *iEatOut Gluten & Allergen Free™* and *iEatOut LITE™*, are already assisting individuals from over 45 countries to enjoy safe eating everywhere.